

## Starters

<b>PAPADUM</b>	<b>£0.70</b>
<b>SPICY PAPADUM</b>	<b>£0.70</b>
<b>CHUTNEY</b>	<b>£0.70</b>
<b>ONION BHAJI</b>	<b>£3.50</b>
<b>PRAWN PURI</b>	<b>£4.50</b>
<i>Cooked with pickling spices, in a medium spiced sauce.</i>	
<i>Served with puri</i>	
<b>KING PRAWN PURI</b>	<b>£5.50</b>
<i>King prawns cooked with pickling spices, fresh herbs, served with puri.</i>	
<b>SQUID</b> <i>Fried with chilli &amp; lime</i>	<b>£6.50</b>
<b>SAMOSA</b> <i>(Meat or Vegetable)</i>	<b>£4.00</b>
<i>Triangular shaped Indian pastry, served with mint chutney.</i>	
<b>SHEEK KEBAB</b>	<b>£5.50</b>
<i>Lamb mince mixed with spices, fresh coriander, grilled in the tandoori oven.</i>	
<b>CHICKEN OR LAMB TIKKA</b>	<b>£5.50</b>
<i>Diced and marinated with spices, herbs &amp; pepper corn, then grilled in the tandoori oven. Served with mint sauce.</i>	
<b>SALMON TIKKA</b>	<b>£5.00</b>
<i>Salmon fillet marinated and cooked in clay oven</i>	
<b>TANDOORI CHICKEN</b>	<b>£4.50</b>
<i>On the bone tandoori chicken marinated with spices, herbs &amp; yoghurt then cooked in tandoori oven</i>	
<b>ACHARI PANEER TIKKA</b>	<b>£5.00</b>
<i>Soft cottage cheese marinated in pickled spices with peppers &amp; tomatoes.</i>	
<b>PAPRI CHAT</b>	<b>£4.00</b>
<i>Refreshing combination of flour chips drizzled with sweet yoghurt, tamarind, chick peas and mint sauce.</i>	
<b>MIXED STARTER</b>	<b>£7.50</b>
<i>Selection of Onion Bhaji, Sheek Kebab, Samosa &amp; Chicken Tikka.</i>	

## Tandoori Grills

<b>CHICKEN TIKKA</b> <i>(Main)</i>	<b>£8.95</b>
<b>LAMB TIKKA</b> <i>(Main)</i>	<b>£10.95</b>
<b>TANDOORI CHICKEN</b> <i>(1/2)</i>	<b>£8.95</b>
<i>On the bone, marinated in spices, perfumed with mustard oil, fenugreek.</i>	
<b>GRILLED LAMB</b>	<b>£10.95</b>
<i>Chunks of lamb, slightly spiced and grilled.</i>	
<b>GREEN CHICKEN TIKKA</b>	<b>£8.95</b>
<i>Diced chicken breast marinated with coriander, mint, spices &amp; herbs then grilled in the Tandoori oven.</i>	
<b>CHICKEN SHASHLICK</b>	<b>£9.95</b>
<i>Chicken diced &amp; marinated in roasted spices, browned onions, yoghurt, garam masala, char-grilled to perfection, served with mint chutney</i>	
<b>CHINIPAN LAMB CHOPS</b>	<b>£11.95</b>
<i>Best end of British lamb, marinated with browned onions, yoghurt, garam masala, char-grilled to perfection. Served with mint chutney.</i>	
<b>SALMON CHINIPAN TIKKA</b>	<b>£10.95</b>
<i>Salmon steaks marinated with fennel, chillies, fresh herbs &amp; spices then grilled in the tandoori.</i>	
<b>TANDOORI KING PRAWN</b>	<b>£11.95</b>
<i>Chunky king prawns marinated and cooked in tandoori oven</i>	
<b>CHINIPAN MIX PLATTER</b>	<b>£14.95</b>
<i>Chicken Tikka, Sheek Kebab, Salmon Tikka &amp; Prawn.</i>	
<b>SHEEK KEBAB</b> <i>(Main)</i>	<b>£9.95</b>

## Chef's Special

<b>MURG LABABDAR</b>	<b>£8.95</b>
<i>Chicken morsel doused in tantalising sauce with tomato, ginger, onion, chilli and coriander finished off with cream.</i>	
<b>CHICKEN CHINIPAN</b>	<b>£8.95</b>
<i>Authentic South Indian dish. The chicken is cooked with some distinct ingredients such as poppy seeds, fennel &amp; coriander seeds that give a very special aroma to the curry, Chettinad is best known for its culinary delicacies.</i>	
<b>CHICKEN KHURCHAN</b>	<b>£8.95</b>
<i>Stir fried chicken with traditional Indian spice and mixed peppers spiced to perfection.</i>	
<b>CHICKEN TIKKA MASALA</b>	<b>£8.95</b>
<i>Delicious, popular dish cooked with cream, almonds, ground coconut in our specially prepared masala sauce</i>	
<b>LAMB TIKKA MASALA</b>	<b>£8.95</b>
<b>BUTTER CHICKEN TIKKA</b>	<b>£8.95</b>
<i>Mild and creamy dish cooked in a rich, butter flavoured sauce</i>	
<b>CHICKEN TIKKA PASANDA</b>	<b>£8.95</b>
<i>A mild and creamy dish cooked with ground almonds, fresh cream in a rich sauce</i>	
<b>SAAG GOSHT</b>	<b>£8.95</b>
<i>Boneless lamb cooked with pureed spinach in onion tomato gravy.</i>	
<b>RARA GOSHT</b>	<b>£8.95</b>
<i>Lamb and mince lamb braised in brown onion, tomatoes, herbs and native spices flavored with cinnamon powder.</i>	
<b>CHINIPAN FISH CURRY</b>	<b>£8.95</b>
<i>Salmon fish simmered in a rich spicy curry of coconut, chillies, coriander, roasted spices and smoked tamarind.</i>	
<b>MALABAR PRAWN CURRY</b>	<b>£10.95</b>
<i>Prawn tempered with curry leaves, mustard seeds and cooked with onions and tomatoes then finished with coconut milk.</i>	
<b>CHICKEN TIKKA BALTI</b>	<b>£8.95</b>
<i>A medium spiced traditional dish cooked with Balti spices, fresh herbs in a specially prepared Balti sauce</i>	
<b>GARLIC CHILLI CHICKEN</b>	<b>£8.95</b>
<i>Fairly hot, spicy dish cooked with onions, extra garlic with various spices and fresh herbs.</i>	
<b>NAGA CHICKEN</b> <i>(Very hot)</i>	<b>£8.95</b>
<i>Very hot and aromatic dish cooked with onions, garlic, ginger and Naga finished with freshly chopped herbs.</i>	

### CHINIPAN LAMB SHANK:

**£10.95**

*Delicious Lamb Shank prepared and cooked Chinipan style, a mouthwatering dish not to be missed*

*Served with Pilau Rice or Nan*



*Picture for illustration purposes only*

## All Time Favourite

	Chicken	Lamb	King Prawn
<b>CURRY</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Medium saucy.</i>			
<b>MADRAS</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Fairly hot saucy.</i>			
<b>VINDALOO</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Very hot with potato.</i>			
<b>KORMA</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Mild with coconut &amp; cream.</i>			
<b>ROGAN JOSH</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Medium with tomatoes.</i>			
<b>BHUNA</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Medium dry dish.</i>			
<b>DUPIAZA</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Medium with onions.</i>			
<b>CEYLON</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Fairly hot with coconut.</i>			
<b>JALFREZI</b> <i>(With Tikka)</i>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>With onions, peppers &amp; chillies.</i>			
<b>KARAH</b> <i>(With Tikka)</i>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Medium with onions, peppers &amp; tomatoes.</i>			
<b>DHANSAK</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Sweet &amp; sour with lentils, fairly hot</i>			
<b>PATHIA</b>	<b>£7.95</b>	<b>£8.95</b>	<b>£10.95</b>
<i>Sweet &amp; sour, fairly hot</i>			

## Biryani Dishes

*Biryani dishes are cooked with Basmati rice, light spices & fresh herbs. Served with Raitha or Vegetable Curry side dish.*

<b>HYDRABADI DUM BIRYANI</b>	<b>£10.95</b>
<i>Lamb or Chicken. Basmati rice dum cooked with lamb or chicken with flavour of mace &amp; cardamom, served with raitha or curry sauce.</i>	
<b>CHICKEN BIRYANI</b>	<b>£10.95</b>
<b>LAMB BIRYANI</b>	<b>£11.95</b>
<b>CHICKEN TIKKA BIRYANI</b>	<b>£12.50</b>
<b>LAMB TIKKA BIRYANI</b>	<b>£12.50</b>
<b>KING PRAWN BIRYANI</b>	<b>£12.95</b>
<b>VEGETABLE BIRYANI</b>	<b>£8.95</b>

## Vegetable Mains

<b>VEGETABLE RANI-KOFTA</b>	<b>£7.95</b>
<i>Homemade curd-cheese mixed with mashed potatoes and seasonal vegetables in the form of a round-kabab and prepared with Chefs own special flavoured sauce.</i>	
<b>DAL MAKHNI</b>	<b>£6.95</b>
<i>Slow cooked urad lentils enhanced with butter and cream.</i>	
<b>PANCH MIRCH PANEER</b>	<b>£7.95</b>
<i>Juicy chunks of curd cheese cooked flavoured with five mirchis (Spices)</i>	

## Vegetable Sides

	SIDE	MAIN
<b>MIX VEGETABLE CURRY</b> <i>Mixed vegetables in medium spiced sauce</i>	£3.50	£6.50
<b>CAULIFLOWER BHAJI</b> <i>Cauliflower with medium spices</i>	£3.50	£6.50
<b>CHILLI POTATO</b> <i>Potatoes cooked with light spices &amp; green chillies</i>	£3.50	£6.50
<b>SAAG ALOO</b> <i>Spinach &amp; potatoes</i>	£3.95	£6.50
<b>ALOO GOBI</b> <i>Cauliflower &amp; potatoes</i>	£3.50	£6.50
<b>SAAG PANNER</b> <i>Spinach &amp; cheese</i>	£4.25	£6.50
<b>BOMBAY ALOO</b> <i>Lightly spiced potatoes</i>	£3.50	£6.50
<b>BHINDI MASALA</b> <i>Okra with light spices &amp; herbs</i>	£3.95	£6.50
<b>TARKA DAAL</b> <i>Home style tempered yellow lentils</i>	£3.95	£6.50
<b>MUSHROOM MASALA</b> <i>Mushrooms stir fried with onion and pepper.</i>	£3.50	£6.50
<b>MIXED VEGETABLE</b> <i>Seasonal Mix Vegetables cooked In Kadai Gravy.</i>	£3.50	£6.50
<b>CHANA MASALA</b> <i>Chick peas cooked in a medium spicy sauce.</i>	£3.50	£6.50
<b>BRINJAL BHAJI</b> <i>Aubergine cooked in a medium spicy sauce.</i>	£3.50	£6.50

## Rice

<b>PLAIN RICE</b>	£3.25
<b>PILAU RICE</b> <i>Aromatic Basmati rice</i>	£3.50
<b>MUSHROOM RICE</b> <i>Stir fried with sliced mushrooms</i>	£3.95
<b>SPECIAL FRIED</b> <i>Rice With onions, egg &amp; peas</i>	£3.95
<b>KEEMA RICE</b> <i>With spiced mince meat</i>	£4.25
<b>GARLIC RICE</b> <i>Fried with garlic slices</i>	£3.95
<b>COCONUT RICE</b> <i>Fried with ground coconut</i>	£3.95
<b>LEMON RICE</b> <i>Fried with lemon zest</i>	£3.95
<b>VEGETABLE RICE</b> <i>Fried with mixed vegetables</i>	£3.95
<b>EGG FRIED RICE</b> <i>Fried with egg</i>	£3.95

## Breads & Sundries

<b>PLAIN NAAN</b>	£2.50
<b>GARLIC NAAN</b> <i>Stuffed with garlic, then cooked in tandoori</i>	£3.25
<b>PESHWARI NAAN</b> <i>With fruit and nuts</i>	£3.25
<b>KEEMA NAAN</b> <i>With spiced mince meat</i>	£3.25
<b>GARLIC &amp; CHILLI NAN</b>	£3.25
<b>CHAPATI / BUTTER CHAPATI</b>	£2.00
<b>PLAIN PARATHA</b>	£2.50
<b>STUFFED PARATHA</b> <i>Stuffed with mixed vegetables</i>	£3.00
<b>PARATHA</b> <i>Rich flaky bread enriched with butter</i>	£3.00
<b>ROTI</b> <i>Wholemeal unleavened bread</i>	£2.50
<b>PAPADUM</b>	£0.70
<b>PLAIN RAITHA</b>	£2.00
<b>GREEN SALAD</b> <i>Onions, tomatoes, cucumber, lime &amp; fresh green chillies</i>	£3.00
<b>CHIPS</b>	£2.50

### ★ Tuesday Night Special ★

4 Course Meal Including  
Papadam, Chutneys, Tea or Coffee

**£14.95**

Price is per person, for dining in only

### Opening Hours

Open 7 days a week including bank holidays  
Monday - Saturday: 5:00pm to 11:00pm | Sunday: 5:00pm to 10:30pm



All major credit / debit cards accepted. Terms & conditions apply

### ALLERGIES & INTOLERANCES

Please be advised some of our dishes may contain the following Allergens:  
Gluten, Milk, Soya, Egg, Fish, Lupin, Celery, Peanut, Tree Nuts, Sesame,  
Mustard, Sulphites, Molluscs, Crustaceans. Fish dishes may contain  
bones. Please speak to a member of staff when ordering if you  
have an allergy.

Management reserves the right to refuse service without giving any reasons. If there is a dish you like not listed on our menu, please ask us. Our chef can most likely prepare it for you.



# Chinipan

INDIAN RESTAURANT

*Fully Licensed & Air Conditioned*



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Blackheath, London SE3 7BT

**t: 020 8853 5800**  
[www.chinipanrestaurant.co.uk](http://www.chinipanrestaurant.co.uk)

**Free Car Parking**

FACILITY AVAILABLE